

Avante' Laser and MediSpa  
Massage Therapy Confidential Client History

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_  
Street Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Can we call to confirm appointments? Yes No # \_\_\_\_\_  
Email Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
How were you referred to our office? (please circle below):  
          Person   Physician   Newspaper   Phone Book   Drive by   Other  
**Who can we thank for referring you to our office?** \_\_\_\_\_  
Type of massage requesting: \_\_\_\_\_Relaxation   \_\_\_ Firm Pressure   \_\_\_Deep Tissue  
Specific Regions to focus on: \_\_\_\_\_

Please list all medications you are currently taking: \_\_\_\_\_  
\_\_\_\_\_

Please list all medical conditions: \_\_\_\_\_  
\_\_\_\_\_

Operations you have had and dates: \_\_\_\_\_  
\_\_\_\_\_

Have you had a professional massage before?   \_\_\_ Yes   \_\_\_ No  
Are you Pregnant?   \_\_\_ Yes   \_\_\_ No  
Do you have any of the following?  
Contacts in eyes   Y N                   Spinal Problems   Y N           Varicose Veins   Y N  
Arthritis           Y N                   Cancer           Y N           Heart Condition   Y N  
High Blood Pressure   Y N           History of Blood Clots   Y N  
Circulation Problems   Y N           Pain that travels down your legs/arms   Y N  
Allergies to any Lotions, Oils, or Fragrances Y N (specify)\_\_\_\_\_

I understand that the massage therapy given here is for the purpose of stress reduction, relief from muscular tension, spasm, or to increase circulation. I understand that draping will be used during the session. I understand that if I am uncomfortable for any reason, I may ask the therapist to cease the massage and the therapist will end the massage session. I understand that this is a full-body massage with exception of the areas of the body that are to be avoided per prior indications and /or contradictions. I understand that the massage therapist does not diagnose illness, disease, or any other physical or mental disorder. As such, the massage therapist prescribes neither medical treatment nor pharmaceuticals, nor performs any spinal manipulations. It has been made very clear to me that this massage therapist not be a substitute for medical examinations and/or diagnosis and that it is recommended that I see a physician for any physical ailment that I may have.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Therapist: \_\_\_\_\_